

**Full Report (All Nutrients) 45127395, SUNSHINE CHEEZ-IT SNACK MIX DOUBLE CHEESE 3.5OZ, UNPREPARED, GTIN: 00024100577217**

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

**Report Date: July 11, 2017 23:37 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Kellogg Company US

Nutrient	Unit	Data points	Std. Error	0.5 Cup 26g	1 Value Per100 g
<b>Proximates</b>					
Water	g	--	--	0.70	2.70
Protein	g	--	--	2.50	9.60
Total lipid (fat)	g	--	--	5.04	19.40
Ash	g	--	--	1.14	4.40
Carbohydrate, by difference	g	--	--	16.61	63.90
Fiber, total dietary	g	--	--	0.5	2.0
Sugars, total	g	--	--	0.73	2.80
<b>Minerals</b>					
Calcium, Ca	mg	--	--	24	94
Iron, Fe	mg	--	--	0.96	3.70
Magnesium, Mg	mg	--	--	2	9
Phosphorus, P	mg	--	--	10	40
Potassium, K	mg	--	--	30	114
Sodium, Na	mg	--	--	356	1369
Zinc, Zn	mg	--	--	0.10	0.40
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Thiamin	mg	--	--	0.000	0.000
Riboflavin	mg	--	--	0.049	0.190
Vitamin B-6	mg	--	--	1.050	4.040
Folate, total	µg	--	--	23	88

Nutrient	Unit	Data points	Std. Error	0.5 Cup 26g	1 Value Per100 g
Folic acid	µg	--	--		14 52
Vitamin B-12	µg	--	--	0.00	0.00
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	1.092	4.200
Fatty acids, total monounsaturated	g	--	--	1.326	5.100
Fatty acids, total polyunsaturated	g	--	--	2.392	9.200
Fatty acids, total trans	g	--	--	0.078	0.300
Cholesterol	mg	--	--	1	5

**Amino Acids**

**Other**

**Ingredients**

Cheese crackers (enriched flour [wheat flour, niacin, reduced iron, vitamin B1 (thiamin mononitrate), vitamin B2 (riboflavin), folic acid], soybean oil and palm oil with TBHQ for freshness, cheese made with skim milk [skim milk, whey protein, cheese cultures, salt, enzymes, annatto extract color], white cheddar cheese [milk, cheese cultures, salt, enzymes], salt, whey, cheddar cheese [milk, cheese cultures, salt, enzymes], paprika, maltodextrin, monosodium glutamate, yeast, whey protein concentrate, butter [cream, salt], baking soda, natural and artificial flavors, lactic acid, calcium lactate, paprika extract color, disodium phosphate, citric acid, turmeric extract color, annatto extract color, soy lecithin), pretzels (enriched flour [wheat flour, niacin, reduced iron, vitamin B1 (thiamin mononitrate), vitamin B2 (riboflavin), folic acid], salt, canola and/or soybean oil, corn syrup, barley malt extract, leavening [yeast, baking soda, ammonium bicarbonate]), cheese curls (degerminated yellow corn meal, vegetable oil [corn, canola, cottonseed, and/or soybean oil], whey, salt, maltodextrin, cheddar cheese [milk, cheese culture, salt, enzymes], monosodium glutamate, yeast, disodium phosphate, sour cream [cream, nonfat milk, cultures], autolyzed yeast extract, yellow 6, sunflower oil, natural and artificial flavors, yellow 5, disodium inosinate, disodium guanylate and butterfat), bread slices (enriched flour [wheat flour, niacin, reduced iron, vitamin B1 (thiamin mononitrate), vitamin B2 (riboflavin), folic acid], enriched bleached flour [wheat flour, niacin, reduced iron, vitamin B1 (thiamin mononitrate), vitamin B2 (riboflavin), folic acid], canola and/or soybean oil, salt, corn syrup, nonfat milk, whey, leavening [yeast, baking soda and/or ammonium bicarbonate], citric acid, calcium citrate), soybean oil (with TBHQ for freshness).Contains 2% or less of cheddar cheese (milk, cheese cultures, salt, enzymes), salt, whey, butter (cream, salt), buttermilk, onion powder, monosodium glutamate, maltodextrin, nonfat milk, disodium phosphate, garlic powder, citric acid, natural and artificial flavors, sunflower oil, disodium inosinate, disodium guanylate, yeast, soy lecithin, yellow 5, yellow 6. *Date Available:* 05/30/2017 *Date Last Updated by Company:* 05/30/2017